

## **Terms and Conditions of Entry**

Entrants agree that a condition of entry is to accept that Ely Tri Club and their sponsors cannot be held responsible for any injury or loss, however caused. Entrants are fully aware of the risks involved and the degree of fitness required to take part. Duathlon/ Running Events are a demanding sport and agree that they are fully capable of completing the event. Whilst Ely Tri Club have worked to reduce these they cannot be totally removed.

All Ely Tri Club duathlon / running events take place in accordance with the British Triathlon Federation rules with regard to competitions and the conduct required of athletes. All Ely Tri Club running events take place in accordance with the UK Athletics rules with regard to competitions and the conduct required of athletes. Any breach of the rules may result in the entrant being disqualified from this and further Ely Tri Club events, without refund. By entering this event the entrant agrees to abide by those rules. When on public roads the Highway Code is applicable, even when racing, entrants agree to adhere to the instructions of the Highway Code.

### **Age Requirements:**

*Duathlon:* Entrants must be 16 years and over as at 31st December 2019 and must provide written parental consent to race, if under 18 at 31st December 2019.

#### *Running Events*

Half Marathon: Entrants must be 16 years and over as at 31st December 2019 and must provide written parental consent to race, if under 18 at 31st December 2019.

Marathon: Entrant must be 18 years and over as at the event date and register their own details.

Ultra: Entrant must be 20 years and over as at the event date and register their own details.

### **Duathlons & Running Specific:**

#### *Bikes*

Duathlon: Any bike is permitted.

Entrants agree that their bike is road worthy and agree that the wearing of a helmet is mandatory.

### **Running Events Specific:**

#### *All Running Events*

All our running events are going cup / bottle less meaning we will no longer have plastic cups or bottles on the checkpoints. The same drinks will be available on the checkpoints but they will be poured from large reusable containers.

This will save a huge amount of waste and prevent litter being left on the course.

Ideally you'll carry a bottle and collapsible cup, at the very least you must carry a bottle / flask. The optional cup is ideal if you want a drink that you wouldn't want to put in your bottle.

We hope you understand this change in policy.

#### *Ultra*

Entrants must have previously completed a marathon event; consider themselves a competent runner and capable of completing the challenge. Anybody unsure about this challenge should contact the Ely Tri Club team. This event is a serious undertaking and entering it should be done so only by those capable of completing the distance within the time limits proscribed. If you have any doubts about your

ability to do this, then you should not enter this year. If you have any medical conditions these should be brought to the attention of the race director. We suggest that entrants with an on-going medical condition consult their GP or a medical professional prior to entering.

We require all entrants to carry a waterproof jacket and mobile phone – these will be checked at registration and at any time during the race. No waterproof jacket and mobile = no race.

Entrants understand that their personal details will be stored on computer. Entrants understand that their name, age group (if applicable) and gender will appear on the public list of competitors for an event when they enter that event. Entrants understand and accept that images/footage taken at the Ely Tri Club events may be used for publicity.

Ely Tri Club may be approached by the sport's governing body for the personal details of the entrants entered into events. For example, if you are not a member already, they may need to know about you so that you can be insured by them. Ely Tri Club will not pass entrant details onto anybody except the governing body (BTF / UKA) or other authorities, such as UKAD.

Any entrant found to be serving a banning period from any sport that has signed up to the World Anti-Doping Agency code is also banned from triathlon, their entry will be barred without refund. Ely Tri Club fully supports the UK Anti-Doping; sport should be pursued for enjoyment and be fair.

Entrants understand that in the event of a withdrawal from any event they will be subject to the Ely Tri Club withdrawal policy.

Ely Tri Club reserve the right to make changes to the event for safety reasons without giving notice.

If Ely Tri Club are forced to cancel the event for reasons beyond their control, competitors will be given the option to enter the same race which will be rescheduled to a date as close to the original date as possible. Alternatively, they will be offered a full race credit to be used in future Ely Tri Club events.

Ely Tri Club reserve the right to refuse entry from any applicant, whether the originally named applicant or transferee.

For further clarification please email [events@elytriclub.co.uk](mailto:events@elytriclub.co.uk).