# **Ely Tri Club Events**



## **Terms and Conditions of Entry**

- Entrants agree that a condition of entry is to accept that Ely Tri club (ETC) and their sponsors cannot be held responsible for any injury or loss, however caused.
- Entrants are fully aware of the risks involved and the degree of fitness required to take part.
- Duathlon / Running events are a demanding sport. By participating, competitors agree that they are capable of completing the event.
- Whilst ETC have worked hard to mitigate risk, these cannot be totally removed.
- All ETC Duathlon (run-bike-run) events take place in accordance with the British Triathlon Federation rules in regard to competitions and the conduct required by athletes.
- All ETC running events take place in accordance with the UK Athletics and Trail Running Association rules in regard to competitions and the conduct required by athletes.
- Any breach in the rules may result in the entrant being disqualified from this and future ETC events, without refund.
- By entering the event the entrant agrees to abide by those rules.
- When on public roads, the Highway Code is applicable, even when racing. Entrants agree to adhere to the instructions of the Highway Code.

### Age Requirements

**DuathIon:** Entrants must be 16 years and over as at 31 December 2022 and must provide written parental consent to race, if under 18 at 31 December 2022.

### **Running Events:**

**10k** and **Half Marathon** – Entrants must be 16 years and over as at 31 December 2022 and must provide written parental consent to race if under 18 as at 31 December 2022.

Marathon – Entrants must be 18 years and over as at the event date and register their own details Ultra-Marathon – Entrants must be 20 years and over as at the event date and register their own details.

### **Duathlon and Running Specifics**

**Duathlon**: Bikes – any bike permitted. Entrants agree that their bike is road-worthy and agree that the wearing of a helmet is mandatory.

### Running:

All running events are going cup / bottle free, meaning we will no longer have plastic cups or bottles on the checkpoints. The same drinks will be available on the checkpoints but they will be poured from large reusable containers. This will save a huge amount of waste and prevent litter being left on course.

Ideally you will carry a bottle and collapsible cup, at the very least you must carry a bottle / flask. The optional cup is ideal if you want a form of drink you wouldn't want to put in your bottle.

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#### Ultra:

Entrants must have completed a marathon event; consider themselves a competent runner and capable of completing the challenge. This event is a serious undertaking and entering it should be done so only by those capable of completing the distance within the time limit. Anybody unsure about this challenge should contact the ETC Events Team. If you have any doubts about your ability to complete the distance, then you should not enter this year. If you have any medical conditions, these should be brought to the attention of the Race Director. We suggest that entrant with an on-going medical condition consult their GP or medical professional prior to entering.

**Ultra race - Mandatory kit**: all competitors are required to carry a waterproof jacket and a fully charged mobile phone. It is also a requirement that you have the **what3words app** on your mobile device. These will be checked at registration and at any time during the race. Non-adherence to the mandatory kit requirements = no race and no refund.

By entering your chosen distance, you are confirming your acceptance of these terms and waiver your right to claim against Ely Tri Club in the event of an accident.

Entrants understand that their personal details will be stored on computer. Entrants understand that their name, age group (if applicable) and gender will appear on the public list of competitors when they enter that event. Entrants understand and accept that images/footage taken at the ETC events may be used for publicity.

ETC may be approached by the sport's governing body for the personal details of the entrants registered for the event. For example, if you are not a member already, they may need to know about you so that you can be insured by them. ETC will not pass entrant details onto anybody except the governing body (BTF/UKA) or other authorities, such as UKAD.

Any entrants found to be serving a banning period from any sport that has signed up to the World Anti-Doping Agency code is also banned from triathlon, their entry will be barred without refund. ETC fully supports the UK Anti-Doping; sport should be pursued for enjoyment and be fair.

Entrants understand that in the event of a withdrawal from any event, they will be subject to the ETC Withdrawal Policy 2021.

ETC reserves the right to make changes to the event for safety reasons without giving notice.

ETC reserve the right to refuse entry from any applicant, whether the originally named applicant or transferee.

For further clarification please email: events@elytriclub.co.uk

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